

AFTER SCHOOL CLUBS 2018/2019 – 3rd Term
Tuesday 23rd April to Thursday 27th June 2019

Please check BEPS-online.com for more information on the activities and prices

Monday	Tuesday	Wednesday	Thursday	Friday
Art and Craft Rec – Y2	Discovering Nature Y3 - 6	Story time PS – Y2	Art Y3- 6	Self defense Y3 - 6
Cooking Y2 - 6	Ukulele Y2 - 6	Mini Basket PS to Y 1	Multi-sports Y2 - 6	
Football Y3 - 5	Judo Y2 - 6	Junior Motor Skills Development PS to Y 1	Motor & child development (PS & Rec)	
Dance Y1 - 6	Puppet Theatre Rec – Y2		Capoeira Y1 - 6	
Drama Y2 - 6			Yoga Y1 - 3	
<p>Please CIRCLE the activity your child would like to attend and return this form to the secretary by <u>the 29th March 2019</u>. Thank you!</p>				

Child's name: _____

Class: _____

Name: _____

GSM: _____

Signed: _____

E-mail: _____

Date: _____

Places will be given on a first come first served basis, so apply early to avoid disappointment!

Payment should be made in cash to the club teachers directly at the first session.

Please note that registration is on a termly basis, there can not be any change of clubs during the term and there will be no reimbursement if a child stops going to the chosen activity.

ART & CRAFT Rec – Y2	Art and Craft Club provides a way to create using different materials. This club will help children develop their hand control by improving coordination and manual dexterity through fun activities. Painting will help the children to express their emotions and to understand the importance of following their creative instincts. This club will be a good way for children to learn patience and to understand that sometimes it takes time to achieve a positive final result. Please note that there is an extra charge of 5€ for materials.	Monday 3:45-4:45 80€ (+5€) Min 5 & max 10 students	Ms. Lukito Reception Teacher
COOKING CLUB Upper School Y2-6	Cookery is an activity that helps children develop life long skills. Whilst cooking they will learn a range of concepts from many area of the curriculum, such as measuring, weighing and following instructions. They will also talk about healthy and unhealthy foods and nutrition. * As the club will require ingredients the cost is slightly higher.	Monday 3:45-4:45 80 € (+15€) Min 6 - Max 10 children	Ms. De Lovinfosse Y2 teacher
DRAMA GAMES -SINGING – ACTING Y2 – 6	Gain confidence , self-esteem, teamwork and effective communication skills through drama. Using drama games, singing and performance techniques, children learn skills that they can use their entire life. Our drama classes will focus on articulation, timing and vocal projection - all things that can improve public speaking skills. Above all, these classes are intended for children to enjoy themselves through games and role-play.	Monday 3:45 – 4:45 80€ Max 15	Ms. Taylor Y3 Teacher
FOOTBALL Y3-6	The Football Club will cover a range of ball control skills, dribbling techniques, stepping and tactical training through different exercises. Every session will end with a friendly game. As in my physical education lessons, fair play will be my motto. In the case of very wet weather, the club will take place in the playground and not on grass in the Bois de la Cambre.	Monday 3:45 – 4:45 Min 6 - Max 16 children 80€	Mr Borja Lliso Ardoy P.E. Teacher
DANCE Y1-6	<ul style="list-style-type: none"> • Initiation to contemporary dance (self-expression through movement) • Preparatory ballet classes (for the physical condition) • Choreography (work of the memory and the concentration) • Basic notions of Frevo (Brazilian folk dance) 	Monday 3:45 – 4:45 Min 5 - Max 15 children 80€	Ms. Fabiana Torres
JUDO Y2-6	A typical judo lesson has three main elements. It starts with warming up exercises, is followed by teaching the techniques and finishes with stretching exercises. This club develops self-control and respect.	Tuesday 3:45 – 4:45 3.45 – 4.45 Min 6 - Max 12 children 100€	Mr. Ahmed Azam Private Judo teacher
DISCOVERING NATURE Y 3-6	The children will be : Creating a small vegetable garden. Making a wooden insect breeding ground and a bird feeder. Learning about vegetables, fruits, flowers, trees, seedbeds and plant propagation. Raising their awareness of nature conservation. Learning how to use a map to well play Orienteering games in the woods. Please note that there is an additional charge of 5€ for materials	Tuesday 3:45 – 4:45 100€ (+ 5€) Min 3 children Max 8 children	Mr. Luc Collignon
PUPPET THEATRE Rec – Y2	Children will imagine characters and make them using different materials. The puppets will come to life through adventures and in the settings that the children create. Please note that there is an additional charge of 15€ for materials.	Tuesday 3:45 – 4:45 100€ (+15€) Min 5 – max 10 children	Ms Patricia Detry Artist

UKULELE Y 2 - 6	In this course we will be learning how to play the Ukulele, it's a small instrument (58cm. approx.) originally from Hawaii. It's size and simplicity makes it really suitable for small children because it allows them to play basic chords and rhythm from the very beginning. In the course we will learn the basic chords and strumming rhythms to be able to play easy songs. You can find ukuleles suitable for beginners costing from 50 €.	Tuesday 3:45 – 4:45 3:45 – 4:45 Min 5 - Max 10 children 100€	Mr. Toni Mora
STORYTIME PS -Y2	The aim of Storytime Club is to help children discover the joy of books and story telling. The club provides children with the opportunity to develop literacy skills through engaging activities related to the stories we read. The stories and their characters come to life as we read and the children enter their worlds. Each week will feature a new story and an activity related to the theme. Each activity will be recorded in a special 'storytime' notebook that will be provided for your child. The title and author will be indicated to encourage discussion and reading at home. Happy reading!	Wednesday 12:45 – 13:45 Min 5 children Max 10 children 90€	Ms. Asofie Preschool Teacher
MINI-BASKET Preschool to Y1	Mini-basket is held outside when the weather is dry and is an indoor psychomotricity activity on rainy days. Mini-basket is a group sport for children from 3 to 5 years old. Mini-basket is about psychomotricity exercises, with or without a ball, rather than about competition. These exercises allow the child to develop general co-ordination, and balance. Mini-basket is of course a sport, but it is above all a playful and fun activity.	Wednesday 12:45 – 13:45 Min 6 children 90€	Mr. Ahmed Azam Private Sports teacher
Junior Motor Skills Development Preschool to Y1	The children will practice their fundamental motor skills, improve their balance, their flexibility, their sense of rhythm and learn to work together through different sports activities and circuits.	Wednesday 12:45 – 13:45 Min 4 children 90€	Mr. Simon Deglain Sport Teacher
YOGA Y1 – Y3	Yoga is fantastic for children in many ways. We live in a very busy, face-paced world and sometimes we forget to be still and focus on ourselves. Children encounter emotional, social, and physical challenges or conflicts nearly every day and a dedicated and intentional yoga practice that includes breathing techniques, behaviour guidelines, and physical posture can be incredibly valuable for them. It enhances physical flexibility, refines balance and co-ordination, develops focus and attention, boosts self-esteem and confidence, strengthens mind and body connections, and much more.	Thursday 3:45 – 4:45 Min 4 children Max 12 children 90€	Ms. Temmerman EAL teacher
ART Y3-6	The Art club will focus on learning different art techniques including drawing and modelling, using various materials such as wood and clay. Please note that there is an extra charge of 5€ for materials.	Thursday 3:45 – 4:45 90€ (+5€)	Mr. Luc Collignon
MULTISPORTS Y2 - 6	The children will enjoy the following outdoor sports: Basket Ball, Mini Football, Self-Defence, Indiak, Baseball & Rugby	Thursday 3:45 – 4:45 Min 4 - Max 12 children 90€	Mr. Ahmed Azam Private Sports teacher
Motor and child Development Preschool & Reception	The children will improve their skills and learn to work together through different focused fine motor activities. They will work together using balls, music and sounds, pencils, 3D shapes and their mind.	Thursday 3:45 – 4:45 Min 4 – Max 16 children 90€	Mr Borja Lliso Ardoy P.E. Teacher Ms. Ylenia Alvarez Music Teacher
CAPOEIRA Y1 – 6	Capoeira is a Brazilian martial art that combines elements of dance, acrobatics and music. It is known for quick and complex self defense moves.	Thursday 3:45 – 4:45 Min 5 - Max 15 children 90€	Professor Polegar (Adiel Lima)

SELF-DEFENSE Y3-6	Self-defense resumes several military arts such as judo, karate, boxing, aikido etc. The children will learn their simple and effective gestures. The training develops the ability to deal with aggression, learn self-control and helps develop confidence. In addition, the reflexes that the children develop awakens the spirit warrior who sleeps inside them helping them feel more self-assured. Parents can also join this club!	Friday 3:45 -4:45 Min 4 – Max 16 80€	Mr. Ahmed Azam Private Sports teacher
<p>Please keep the dates for further reference:</p> <p>Mondays: 8 sessions: Apr 29 – May 6, 13, 20, 27 – June 3, 17, 24</p> <p>Tuesdays: 10 sessions: Apr 23, 30 - May 7, 14, 21, 28 – June 4, 11, 18, 25</p> <p>Wednesdays: 9 sessions: Apr 24 – May 8, 15, 22, 29 – June 5, 12, 19, 26</p> <p>Thursdays: 9 sessions: Apr 25 – May 2, 9, 16, 23 – June 6, 13, 20, 27</p> <p>Fridays: 8 sessions: Apr 26 – May 3, 10, 17, 24 – June 7, 14, 21</p>			